



International prostate symptom score (IPSS)

Name:

Date:

	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always	Your score
Incomplete emptying							
Over the past month, how often have you had a sensation of not emptying your bladder completely after you finish urinating?	0	1	2	3	4	5	
Frequency							
Over the past month, how often have you had to urinate again less than two hours after you finished urinating?	0	1	2	3	4	5	
Intermittency							
Over the past month, how often have you found you stopped and started again several times when you urinated?	0	1	2	3	4	5	
Urgency							
Over the last month, how difficult have you found it to postpone urination?	0	1	2	3	4	5	
Weak stream							
Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5	
Straining							
Over the past month, how often have you had to push or strain to begin urination?	0	1	2	3	4	5	
	None	1 time	2 times	3 times	4 times	5 times or more	Your score

Nocturia

Over the past month, many times did you most typically get up to urinate from the time you went to bed until the time you got up in the morning?

0 1 2 3 4 5

Total IPSS score

Quality of life due to urinary symptoms

Delighted Pleased Mostly satisfied Mixed – about equally satisfied and dissatisfied Mostly dissatisfied Unhappy Terrible

If you were to spend the rest of your life with your urinary condition the way it is now, how would you feel about that?

0 1 2 3 4 5 6

Total score: 0-7 Mildly symptomatic; 8-19 moderately symptomatic; 20-35 severely symptomatic.